



# GAFCS NEWS

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September 2010

## AAFCS 101<sup>ST</sup> ANNUAL CONFERENCE AND EXPO

**By Joanne Cavis**

Cleveland, Ohio, was the location to focus on “New Challenges, New Solutions and New Century for FCS”, June 24-26, 2010. The Renaissance hotel was bustling with members engaged in national committee work, networking with colleagues, educational excursions, community gatherings educational sessions, learning labs, expo and more.

Awards and Recognition: Melissa Wilmarth received a Jewell L. Taylor National Graduate Fellowship.

Georgia College of Family and Consumer Sciences achieved reaccreditation of its programs. Congratulations! Our own Linsey Johnson, National Student Unit chair, developed a slide show with music to highlight the achievement of members at the Thursday morning session.

The Keynote Sessions each day focused on: “Personal Finances in the 21<sup>st</sup> Century: Living What We Teach”, by Dr. Jeanne M. Hogarth of Federal Reserve Board; “The Challenge of Hunger in America: A Solution for Today,” by Robert Mohelnitzky of Wisconsin School of Social Work; and “Real Age and You: the Cleveland Clinic Experience on Controlling your Genes and What It Means for You,” by Dr. Michael F. Roizen.

What dynamic speakers! We learned strategies and ways of thinking about where we are and where we are going with our personal finances, both for ourselves and for our clients and students.

We can encourage “Food Banking” in our communities to distribute food that already exists to families who need improved nutritional status. The Student Unit Service project collected mechanical can openers to give to the Cleveland food bank. President Marilyn Swierk urged us to “Take It to the Streets”.

We learned that aging is a process you can control. Research has demonstrated that lifestyle choices and behavior have a far greater impact on longevity and health than heredity.

The Centennial Challenge Campaign,

which began in Milwaukee and concludes December 31, 2010, funded three project-awards. Was it ever exciting to congratulate Jan Scholl as the first recipient of the Centennial Scholars Research grant for her research, "Martha Van Rensselaer, Family and Consumer Sciences Champion".

This year's Chalkley-Fenn Public Policy Visiting Scholar, Sharon Hoelscher Day, will have a \$10,000 grant. Finally, the Goebel-Young Leadership Fund has finding to support the National Leadership training event in October.

And....There was more! The new AAFCS Brand was unveiled. Go to the website ([www.aafcs.org](http://www.aafcs.org)) and see our 21<sup>st</sup> Century look.

Mark your calendar for June 23-25, 2011.

We'll see you at the Sheraton Wild Horse Pass Resort and Spa in Phoenix, Arizona!

# Walk GA

## By Darby Sewell

In 2009 AAFCS launched the "Taking It To The Streets" initiative to raise public awareness about critical issues facing individuals, families, and communities. The goal is to mobilize Family and Consumer Sciences professionals within their own communities using their expertise and collaborative relationships to address societal problems. GAFCS is encouraging all members to become involved in this initiative. An excellent avenue for you as a member to promote health and activity this year is to become involved with the Walk Georgia program. This would be an excellent opportunity for FCCLA Chapters, 4H groups, students, teachers, etc. to form teams, get fit, and raise awareness about the obesity epidemic.

## Please visit

[www.walkgeorgia.org](http://www.walkgeorgia.org) to register your group. Registration begins August 22 and ends on September 8.

## Please visit

<http://www.aafcs.org/Advocacy/obesity.asp> to obtain more information and resources about the AAFCS Taking It To the Streets Initiative. Remember to attach GAFCS name to all that you do to fight obesity.

# *A Student Welcome*

## By Savannah Smith

Dear Georgia Students of Family and Consumer Sciences,

Welcome to the 2010-2011 term! I am Savannah Smith, a Senior Furnishings and Interiors major at the University of Georgia. I am serving as the Student Unit Chair for the State of Georgia, as well as the Students of Family and Consumer Sciences (SAFCS)

President. Your other state officers for the year are: Jaleesa Warren, 1<sup>st</sup> Vice Chair, from UGA; Mikella Rutter, 2<sup>nd</sup> Vice Chair, from UGA; and Cara Wesley, Secretary, from the University of Georgia. This year will be full of invigorating events modeled after our National association's theme of "Taking it to the Streets". Here in Georgia, we will be focusing on Healthy Lifestyles – and the knowledge we gain from FACS classes and involvement will give us just the skills we need to all stay healthy! In the Students of Family and Consumer Sciences (SAFCS) here at the University of Georgia, we plan to kick-start the year with participation in Walk Georgia. Our members will be physically active on a daily basis as we record our progress online and blaze a path through our great state of Georgia! Melisa Carter is the President of Abraham Baldwin Agricultural College SAFCS. Carter is a sophomore majoring in FACS Education, and is planning to hold a strong recruitment effort on their college's club day. This motivation is

just what our clubs need in order to have the impact we need this year in our efforts! Speaking of those efforts, the entire Student Unit will be working towards presenting an outreach project at the January GAFCS meeting. These details will be shared soon. At our first SAFCS meeting, the UGA members will be challenged to bring a school supply for us to donate to our local schools as they start their new year. Following that, we will have monthly-themed service projects to be completed throughout our semester. All members are also encouraged to attend the college's annual Groovy Nights Flashback to the 70s – an event combating the effects of domestic violence in the community.

As you can see, there are plenty of opportunities across the state to get involved in FACS. As we work towards our goals, we encourage you to join us as we strive to lead healthy lifestyles, positively promote FACS, and implement our college's tagline -

"Knowledge for Real Life". Have a great year!  
Sincerely,  
Savannah K Smith

## 2010 GAFCS Awards Recipients

**By Pearl T. Soloman**

**Undergraduate  
Recipients:**

**Jasmine Bunch**, FVSU  
**Linsey Johnson**, UGA

**Graduate Recipient:**  
**Megan Palmer**

**Teacher of the Year:**  
**Harrileen Conner**

*Congratulations to all of our outstanding awards recipients! GAFCS strongly encourages you to apply for an award this year. Deadline for submission is January 15, 2011.*

# Save the Date!

"New Challenges, New Solutions, New Century for FCS"  
GAFCS Annual Meeting  
January 27-29, 2011  
Convention & Trade Center; Columbus, GA

\*Registration information with conference schedule and lodging information will be circulated soon via email and website so be on the lookout!

## 2010-2011 Executive Board

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**Student Unit Advisor**

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**Counselor**

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