Ahead of Her Time

It seems like the older I get, the more interested I am in historical stuff. Maybe because I was there for some of it. Various writers since Shakespeare to the present day talk about the various stages of a man’s (or woman’s) life – anywhere from four stages to a dozen. By age, I am in the stage where I am supposed to be reflecting on my accomplishments and sharing wisdom. By behavior, I seem to be stuck in adolescence. Early adolescence.

Anyway, when I reflect on our profession’s history, I have enjoyed reading about the remarkable life and times of Ellen Swallow Richards. AAFCS celebrated its centennial in 2009, always a good excuse for looking backward and forward. Contrary to rumor, I did not know Ellen personally, but much of her thinking can be discerned through her many quotations that have been preserved.

Anyhow, when I reflect on our profession’s history, I have enjoyed reading about the remarkable life and times of Ellen Swallow Richards. AAFCS celebrated its centennial in 2009, always a good excuse for looking backward and forward. Contrary to rumor, I did not know Ellen personally, but much of her thinking can be discerned through her many quotations that have been preserved.

The GAFCS Board has a tradition of opening its meetings with a thought for the day, with various Board members volunteering to share deep thoughts. Lacking any depth of my own, I recently dug up one of Ellen’s that seemed prescient and appropriate for our current times. Sometime around 1905 (sources vary), she commented:

The GAFCS Executive Board is excited to announce a branded $1,500 undergraduate scholarship from Coveris, a company based in Griffin, Georgia. Although first consideration will be given to students from Griffin or Spalding County, undergraduate GAFCS student members who apply must meet all requirements outlined in the Awards and Recognition Guidelines located at www.GAFCS.org.

Coveris is a leading international manufacturing company dedicated to providing solutions that enhance the safety, quality and convenience of products we use every day. For example, they make packaging for brands we see in the grocery stores, such as Campbell’s Coca Cola, Nestle Waters. Coveris also partners with other respected brands around the world and develops products that produce everything from the food we eat, to medical supplies to the touch screen device in our pockets. For more information about Coveris visit their website at http://www.coveris.com/.

Karen Jones, President
The well-educated young woman of 1950 will blend art and sciences in a way we do not dream of; the science will steady the art and the art will give charm to the science. This young woman will marry—yes, indeed, but she will take her pick of men, who will by that time have begun to realize what sort of men it behooves them to be.

You’ll have to decide whether the young women of 1950 took their pick of men. I think we can all agree, however, that too many men have not realized what sort of men they were behooved to be—even today. Maybe especially today, with all the news of well-known men behaving badly around women. Ellen offered counsel here too:

“I had been in the hurrying waters too long not to appreciate an opportunity to lie on the bank and rest, watch others, and gain strength for the coming years.”

- Don Bower

**Upcoming Dates**

**National FCS Dining In Day**

[December 3, 2017]

To celebrate the birthday of Ellen Swallow Richards, founder of our profession. Log in on the AAFCS web site and commit to “Dining In” with your family... OR your work group... OR your school... OR your friends and neighbors. Consider how you can promote this activity and get “credit” for GAFCS having the most participation in 2017. Visit [www.aafcs.org](http://www.aafcs.org) for tools to promote “Dining In Day”

**FCS Day at the Capitol**

[February 13, 2018]

Agenda will be similar to the one last year, and will be posted on the GAFCS website as soon as it is available.

**National FCS Educator Day**

[February 13, 2018]

We will recognize all of the FCS educators in public and private preschool, elementary, middle and high schools, colleges and universities, and Extension. Their role in educating individuals, families and communities is invaluable to the well-being of our nation.

**FCS Day at the Capitol**

The GAFCS Executive Board approved the annual letter to the Georgia legislators which will be delivered just prior to FCS Day at the Capitol by our UGA Legislative Aides. Senate and House Resolutions have been approved by the GAFCS Executive Board and sponsors secured for both Resolutions. They will be read on the floor of Senate and House on February 13, 2018. We need all GAFCS members and FCS partners present as they are read. GAFCS members need to be present for the photo op with Governor Nathan Deal on the steps.

**Dining In Day December 3, 2017**

Both the Student Unit at UGA and GAFCS were recognized in Dallas, Texas, as Gold Level participants in the 2016 Dining In Day event. Thank you to the Georgia teachers who encouraged so many to commit to Dine In. Let’s do it again... Make Georgia #1!

How to participate in Dining In Day:
- Host a Dining In Day event and send information about it to your local media outlets? (Use the prepared news release.)
- Post “Commit to Dining In Day” on your social media in November? And then on December 3rd: “We’re dining in today!”
- Get a Proclamation from your Mayor to proclaim Dining In Day in Your City? (See the AAFCS website for template)
2017 Awards and Recognition

Awards and Recognition

Silver Circle Award
Outstanding Family And Consumer Sciences Professional
Leaders Award
National Teacher of the Year Award
Golden Circle Award
Julius Benton Professional Improvement Award
New Achiever Award
Leader Award
Wiley-Berger Award for Volunteer Service

Scholarships

First Timer Attendee
Graduate Scholarship
Undergraduate Scholarship
Outstanding FACS Professional

**All Awards applications are due December 1. The Scholarship application deadline has been extended to December 20.**

Applications/Nomination forms may be downloaded, completed and mailed to Arlene FITTS Winfrey, VP for Awards and Recognition. However, it is preferred that they be completed in electronic format and emailed. Award winners will be recognized at the Annual 2018 GAFCS conference. For more information about our awards and recognition, please contact Arlene FITTS Winfrey at afwinfrey@gmail.com. Or visit gafcs.org.

Retired Teacher to Conduct Financial Literacy Workshop on “Debt & Debt Collection”

Stone Mountain resident, Arlene FITTS Winfrey, is a speaker for Georgia Watch, the state’s leading consumer advocacy organization, which focuses on issues that impact your wallet and your quality of life. The organization utilizes education and advocacy to help give consumers a strong ally to level the playing field with powerful special interests in the state. They work every day to create a Georgia that is a model for consumer protection.

The workshop will be presented on Saturday, November 18, 2017 from 10:30 - 1:00 p.m. at the Stone Mountain-Sue Kellogg Library located at 952 Leon Street, Stone Mountain, Georgia. Participants will learn about the common causes of debt, how to avoid debt, plans for getting out of debt, and their debt collection rights.

Ms. Winfrey retired from Tucker High School where she taught Family and Consumer Sciences. She is a recipient of many honors and awards and a member of the American Association of Family and Consumer Sciences and a past president of the National Coalition for Black Development in Family and Consumer Sciences. She continues to be very active in her professional field. For questions call Arlene @ 770/595-7888.
GAFCS Professional Development

Everyone needs professional learning and resources for their classrooms. The following links may be useful to you.
- Snap-Ed Connections newsletter: snap-edconnection@fsn.usda.gov
- Monthly e-newsletter/resources: thefamilydinnerproject.org
- Daily news/topic and resources: ChooseMyPlate.gov
- News for Food Safety Educators, EdNet (monthly) and webinars: foodsafety.gov
- Monthly webinars, also archived, from Institute for Food Safety and Nutrition: usda.nifa.ifsn.gov (select seminar web page)
- American Cleaning Institute has educational resources and a current 30-minute lunch and learn series: cleaninginstitute.org

Keep in mind that AAFCS has 80+ webinars in their resources that are free for members.

-Jenna Black
Vice-President for Program & Professional Development

UGA FACS To Celebrate 100 Years

If you haven’t already heard, 2018 is the 100th anniversary of Family and Consumer Sciences at UGA and we have several exciting events planned! It’s also the 35th anniversary of our Legislative Aide Internship Program. The Legislative Aide Internship program is a spring internship opportunity for FACS majors to intern for an Athens area legislator during the Georgia General Assembly session at the Capitol in Atlanta. Interns also act as a guide to fellow FDAC attendees. Check out the UGA FACS website for more details as we continue to plan for an exciting 2018!

2018 AAFCS National Conference

Atlanta, GA

GAFCS Members: Mark your calendar for Saturday, June 23 through Wednesday, June 27, 2018. That’s when the AAFCS Conference will be at the Atlanta Marriott Marquis hotel (265 Peachtree Center Avenue, 30303). The conference theme is: “Cultivating Social and Emotional Competence for Healthy Relationships”. The AAFCS website will be open for submissions for concurrent session presentations, curriculum showcase, research poster, etc. in mid-September and close in mid-October. Don’t miss your opportunity to share your work.

We need YOUR help to show our Southern Hospitality. There are many volunteer activities that need your help on-site. Contact Joanne Cavis (JSCavis@gmail.com) for specific jobs – staffing the booth, chaperoning a tour, collecting tickets, monitoring a session, etc. Many hands make light work. Do you know a business that could donate bottled water to give out in Atlanta? Dallas did that every day to keep people safe in the heat. We do not want to buy water for 650 people… And it will be HOT LANTA. There is a 2018 Committee which has been hard at work for 13 months – just 11 more months to go. ---- Want to join? Contact Joanne Cavis. Stay tuned to the GAFCS and AAFCS websites for the latest information.

Did we miss something? All GAFCS members can submit articles for the quarterly newsletter! If you have information you’d like to share with the membership, email Ivy Odom at ivyodom@gmail.com.